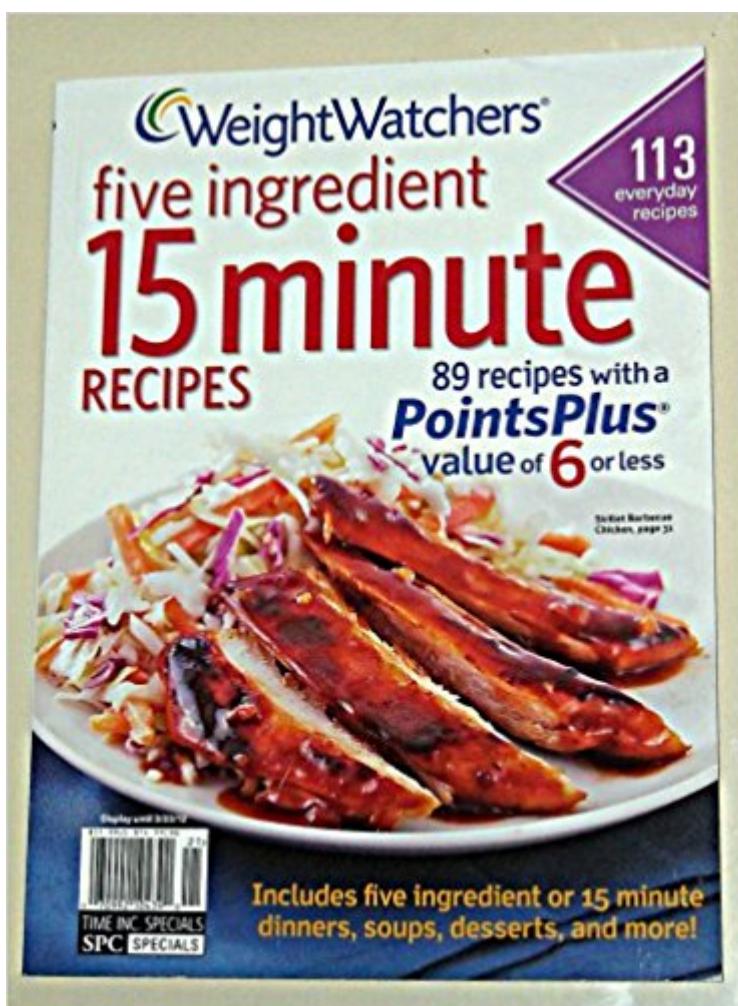


The book was found

Weight Watchers Five Ingredient 15 Minute Recipes 113 Recipes, 89 With Pointsplus Value Of 6 Or Less



Synopsis

113 weight Watchers recipes with 89 of them containing 6 PointsPlus or less! Five ingredients or less and only 15 minutes to prepare!

Book Information

Paperback: 96 pages

Publisher: Oxmoor House; 21 edition (2012)

Language: English

ASIN: B00744G5OA

Package Dimensions: 10.8 x 8 x 0.3 inches

Shipping Weight: 12 ounces

Average Customer Review: 3.6 out of 5 stars 4 customer reviews

Best Sellers Rank: #592,766 in Books (See Top 100 in Books) #90 in Books > Health, Fitness & Dieting > Diets & Weight Loss > Weight Watchers #20592 in Books > Cookbooks, Food & Wine

Customer Reviews

113 weight Watchers recipes with 89 of them containing 6 PointsPlus or less! Five ingredients or less and only 15 minutes to prepare!

I only found 4 or 5 recipes I will make, but overall it's got some good ideas.

I was so shocked and disappointed to see that for this weight watchers cookbook 5 ingredients was just a selling point. Most of the recipes call for more than 5 ingredients. Had I known this I would NEVER have bought this book.

Good stuff !

love these books

[Download to continue reading...](#)

Weight Watchers Five Ingredient 15 Minute Recipes 113 Recipes, 89 with Pointsplus Value of 6 or Less Weight Watchers: Weight Watchers Cookbook-> Watchers Cookbook- Weight Watchers 2016 Weight Watchers Cookbook - Points Plus - Points Plus-Weight ... Points Plus, Weight Watchers 2016) (Volume 1) Weight Watchers Cookbook: 14 Days Diet for Weight Loss and Healthy Habits:

(Weight Watchers Cookbook, 14 Days Diet, Weight Watchers Recipes, Weight Watchers 2015, Weight Watchers Diet) Weight Watchers Diet Box Set: (3 in 1) Weight Watchers Freezer Meals, Weight Watchers Pressure Cooker & Weight Watchers Dutch Oven Recipes Weight Watchers:Weight Watchers: 101 Weight Watchers Dinner Recipes For Natural Weight Loss & Clean Eating Weight Watchers: Weight Watchers Cookbook â“ Smart Points Edition â“ Lose Weight By Eating Smarter (Weight Watchers Pocket Guide) Weight Watchers All-Time Favorites: Over 200 Best-Ever Recipes from the Weight Watchers Test Kitchens (Weight Watchers Cooking) Weight Watchers Five Ingredient 15 Minute Cookbook- 197 everyday recipes Weight Watchers Five-Ingredient 15-Minute Recipes Winter 2017 The Weight Watchers Cookbook: SmartPoints Guide with 50 Delicious Recipes for Rapid Weight Loss! (Weight Watchers Low Fat Low Carb Weight Loss Diet Book) Weight Watchers PointsPlus Plan 2012 Dining Out Companion Book Points Plus (2012) Weight Watchers Recipes: 100 Weight Watcher Slow Cooker Recipes For Quick & Easy, Weight Watchers One Pot Meals Weight Watchers 101 Secrets for Success: Weight Loss Tips From Weight Watchers Leaders Weight Watchers Family Meals: 250 Recipes for Bringing Family, Friends, and Food Together (Weight Watchers Lifestyle) Weight Watchers Cookbook:Pressure Cooker Recipes For Quick & Easy, Weight Watchers One Pot Meals Weight Watchers New Complete Cookbook, Fifth Edition: Over 500 Delicious Recipes for the Healthy Cook's Kitchen (Weight Watchers Cooking) Weight Watchers Cook it Fast: 250 Recipes in 15, 20, 30 Minutes by Weight Watchers (2014) Paperback Weight Watchers One Pot Cookbook (Weight Watchers Cooking) Weight Watchers In 20 Minutes (Weight Watchers Cooking) Weight Watchers Eat! Move! Play!: A Parent's Guidefor Raising Healthy, Happy Kids (Weight Watchers Lifestyle)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)